

Crossing Generations and Cultures Together in Christ

MENTORSHIP MOVEMENT

Mentoring: A relationship in which a person with greater experience and wisdom guides another person to develop spiritually, personally and relationally

What it looks like:

1. Do life together:
 - a. The mentoring relationship lasts 6 months
 - i. There is a two-month “trial period” to determine if your schedules & personalities match well.
 - ii. It may continue after both evaluate and if both agree.
 - b. Talk every other week.
 - c. Meet face-to-face once a month (outside of church).
 - i. The mentee should take the initiative to contact the mentor & coordinate their schedules.
 - d. Pray together.
 - e. Start out by discussing: What does the mentee want to get out of the relationship?
 - i. What are some personal or life goals? What are some spiritual goals?
 - ii. What are some areas of strategic need?
2. Share stories together:
 - a. Mentees
 - i. Share what's going on in your life (issues, concerns, joys); what's significant to you this week.
 - ii. Come with personal, practical, spiritual & relational life questions about mentor's experiences.
 - b. Mentors
 - i. Ask probing questions, & follow up with issues raised last time.
 - ii. Honestly share the good, the bad & the ugly about their lives, drawing spiritual life truths from their experiences.
 - iii. Assignments: Specific life applications depending on what comes out of your conversation.

Optional Suggestions (if you need more structure):

1. Discipleship
 - a. Go through a book (preferably with a workbook section) together. Usually, these are short & easy-to-do, yet thought-provoking & challenging to one of the mentee's strategic needs. This may help spur conversation about areas of growth with Christ.
2. Accountability
 - a. Sharing, confession & prayer are essential in our personal lives & growth in Christ.
 - i. Below is a simple model. Sometimes you'll have more to share in some areas than others. This is a great way to get to know mentees better, how to pray for them & help them grow. The key is *openness & honesty!*
 - b. Accountability Model (edit for personal use):
 - i. What can you praise God for this past week? What are you thankful for?
 - ii. How are things going in work or school?
 - iii. How are your relationships with people this week (family, friends, etc)?
 - iv. What areas are you struggling with (difficulties, temptations, sins)?
 - v. How is your relationship with God (quiet times, prayer, worship)? How is He speaking to you?
 - vi. Life is more than just work! Rest & recharging are important (Sabbath). How are you taking care of yourself this week (rest, diet, exercise, & fun)?
 - vii. Is there anything you haven't been completely open or honest about with me?
 - viii. PRAY TOGETHER (even if on the phone).